

Mayor histocompatibility complex class II (HLA-DR) is associated with morphea and systemic sclerosis patients

Natalia Rebollo-Domínguez¹, María-Elisa Vega-Memije², Pablo Villaseñor-Ovies³, Maricela García-Lechuga⁴, Julio Granados^{4*}, Lucia Rangel-Gamboa^{5*}

¹*Autonomous University of Baja California, Tijuana, Mexico;*

²*Department of Dermatopathology, General Hospital "Dr. Manuel Gea González", CDMX, Mexico;*

³*General Hospital of Tijuana, Autonomous University of Baja California, Tijuana, Mexico;*

⁴*Department of Transplants and Immunogenetic, Nacional Institute of Medical Sciences and Nutrition, "Salvador Zubirón", CDMX, México;*

⁵*Department of Ecology & Pathogenic Agents, General Hospital "Dr. Manuel Gea González", CDMX, México.*

ABSTRACT

Morphea is a disorder limited to the skin, characterized by a stable oval plaque with a glossy plane surface that feels indurated on palpation. In contrast, systemic sclerosis is additionally characterized by disseminate cutaneous engrossment, sclerodactyly, the presence of Raynaud's phenomenon, and internal organ involvement. Human leukocyte antigen (HLA)-DR4 class II alleles are associated with morphea in Caucasians, whereas, HLA-DR4 presents as high frequency in Amerindians, besides it was associated with autoimmune disease. The aim of this study was to determine HLA-DR alleles in Mexican patients with morphea. This study recruited 24 morphea patients, whose HLA alleles frequencies were compared with HLA alleles frequencies presented in 22 systemic sclerosis patients and 99 ethnically matched healthy controls. The HLA-DRβ1 locus was genotyped based on the hybridization technique. HLA-DR4 and DR8 frequencies showed increases in morphea patients compared with healthy controls, whereas HLA-DR4 exhibited a statistical association with morphea when allele frequencies were compared with systemic sclerosis patients. Thus, HLA-DRβ1 associations varied in morphea and systemic sclerosis, suggesting the participation of different immunological molecular mechanisms.

Keywords: morphea, HLA class II, HLA-DR4, HLA-DR5, systemic sclerosis, Mexican mestizo

INTRODUCTION

Morphoea or localized scleroderma (LS) is a disorder limited to the skin. Clinical presentation is

characterized by a stable oval plaque with a glossy plane surface, often with a purple or brown edge that feels indurated on palpation. Patients with morphea frequently have systemic symptoms, for instance malaise, fatigue, arthralgia and myalgia, in addition they are more likely to present positive autoantibodies in serology^[1]. Antihistone antibody (AHA) and single-

*Correspondence to: Lucia Rangel-Gamboa, PhD. Department of Ecology & Pathogenic Agents, General Hospital "Dr. Manuel Gea González", Calzada de Tlalpan 4800, Sección XVI, Tlalpan, CDMX, México. C.P 14080; TEL: 00 52 55 40003000 extensions 6100, E-mail: draluciarangel@yahoo.com.mx. Julio Granados, PhD. Department of Transplants and Immunogenetic, Nacional Institute of Medical Sciences and Nutrition, "Salvador Zubirón", 7a Cerrada de Fray Pedro de Gante

50, Tlalpan Sección XVI, CDMX, México. C.P 14080. TEL: 00 52 55 54850080, E-mail: julgrate@yahoo.com.

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stranded DNA antibody (ssDNA ab) are associated with functional limitations, while antinuclear antibody (ANA) and ssDNA ab are associated with extensive involvement of the body surface area. Nevertheless, autoantibody testing is considered of limited clinical significance except in patients with linear morphea, where ANA, AHA and ssDNA may be potential markers of the disease's severity and prognosis^[2]. Morphea requires histopathological confirmation in clinical diagnosis, and cutaneous biopsy exhibits inflammation at early stages. The complemental immunohistochemical analyses display a predominance of CD4⁺ lymphocytes. While in the latter stages, significant fibrosis of dermis with the occurrence of collagen deposition dominates^[3,4]. Previously, studies attempted to explain morphea as an immunological response to the *Borrelia burgdorferi* infection, but actual evidences consider this relationship unlikely^[5]. In contrast, the clinical presentation of systemic sclerosis (also known as scleroderma or SSc) is characterized by disseminate cutaneous engrossment, sclerodactyly, the presence of Raynaud's phenomenon (95%), nailfold capillary changes and internal organ involvement (heart, lung, kidneys and gastrointestinal system)^[6]. The autoantibodies found more frequently are anti-centromere (ACA, 15%~43%), anti-topoisomerase I (anti-Sc170, 21%~34%), anti-RNA polymerase II and anti-RNP (both in 5% of patients)^[7]. Still, the differences in clinical presentation both conditions of uncertain etiology were considered immunologically mediated and related^[8]. Recently, an epigenetic approach in systemic sclerosis research showed an overexpression of CD40L, CD11 and CD70, associated with global reduced DNA methylation, whereas the Foxp3 promoter region gains a hypermethylation mark that limits the proliferation and functional activity of Treg cells^[9]. Essentially, it is considered that genetic contribution factors for SSc predisposition belong predominantly to the immune response loci^[10], thus in systemic sclerosis patients, specific HLA alleles are associated and related to different ethnicities^[11-15]. In contrast, no morphea-epigenetic information is available, nevertheless, in the United States HLA-DR4 allele was found related to morphea. Still, according to the best of our knowledge, in Latin-American HLA class II associations have not been established in morphea patients. This is important because the genetic background of Amerindians differs from the Caucasian population, and has evolved geographically by natural selection (especially during the last five centuries) owing to survival against new infectious agents, which were introduced during the colonization process^[16]. Thus, the aim of this study was to determine HLA-DR alleles in Mexican mestizo

patients with morphea and compare them with HLA-DR allele frequencies from Mexican mestizo systemic sclerosis patients and healthy controls.

MATERIAL AND METHODS

Subjects

This observational, epidemiological study was performed during a three years period. During this time a total of 24 patients were recruited with a clinical diagnosis of morphea confirmed by histopathology, who presented at the Dermatology Department in General Hospital Dr. Manuel Gea Gonzalez, in Mexico City. The median age at diagnosis was 32.1(8-72) years and there were 21(87.5%) females and 3(12.5%) males. DNA was obtained only from 18 morphea patients. Gene frequencies of HLA alleles were compared with those presenting 22 systemic sclerosis patients diagnosed at the Nacional Institute of Medical Sciences and Nutrition, "Salvador Zubirón", and 99 ethnically matched healthy controls. Ethnically, the patients and controls were classified as mestizos, who are defined as individuals born in Mexico, with Mexican ancestors dating to at least the third generation and with Spanish-derived last names. Mestizos are the result of five centuries of admixture between Amerindians (Asian origin), Spaniards and Africans, and represent most of the Mexican population^[17,18]. The study protocol was revised and approved by the Hospital Ethics Committee. The ideal number of subjects to be included was defined according the mathematical formula for calculations of two proportions; resulting in 21 patients. Written informed consent was obtained from all subjects before their admission in the study. All procedures were in accordance with the ethical standards of the appropriate committee on human experimentation and Helsinki Declaration.

HLA-DRβ1 typing

Genomic DNA from all subjects included in this study was purified from peripheral blood leukocytes, according to the method described by Miller^[19]. Blood was collected from a single peripheral venipuncture, consistent with the current human rights guidelines, and all the procedures were approved by the Internal Review Boards of the institution. The HLA-DRβ1 locus was genotyped based on the hybridization of labelled single-stranded polymerase chain reaction products to sequence-specific oligonucleotides, using the Life Codes HLA-DRβ1 Typing Kit for use with Luminex (Gen-Probe Transplant Diagnostics, Inc., Stamford, CT, USA), following the manufacturer's recommendations. Data were analyzed using

the quicktype for Lifecodes version 3.0 software to determine the HLA alleles. Allele frequencies were calculated by direct counting.

Statistical analysis

The allele frequencies were calculated by direct counting, and the differences in the distribution of the alleles between patients and controls were analyzed using the odds ratios, 95% confidence interval and significance level. Statistical analyses were performed using the EPIINFO software, version 5.0 (USD incorporated 1990, Stone Mountain, GA, USA). Statistically significant P values (≤ 0.05) were corrected by Mantel Haenszel method, considering the number of alleles observed (pC)^[20].

RESULTS

Demographic and clinical features of the morphea patients are summarized in **Table 1**. The data showed the disease predominance in middle age females, who exhibited plaque and linear morphea as prevailed form of presentation (**Fig.1**); 36% of lesions were observed in the trunk, the rest were presented, in equal proportions, in the high and lower extremities. The clinical

diagnosis was corroborated by histopathological study in all cases (**Fig.2**). In general, this epidemiological information is in accordance with previous publications^[21, 22]. In relation to HLA frequencies, the results showed that DR4 increased ($pC= 0.05$) with an absence of DR5 in morphea patients compared with healthy controls, specially allele DR*04:11 with statistical significance ($pC= 0.01$, **Table 2**). Subsequently, genetic frequencies of HLA class II alleles in morphea patients were compared to data from patients with systemic sclerosis: in this case HLA-DR4 exhibited statistical association with morphea, whereas HLA-DR5 presented an association with systemic sclerosis (**Table 3**, $pC=0.009$ and 0.005 , correspondingly).

Table 1 Baseline of patients with RBC autoantibodies

Morphea subtype	[(n)%]	Age	Years of evolution
		[y, mean(range)]	[y, mean(range)]
Plaque	11(45.83)	26.70(9–72)	8.00(2–18)
Linear	6(25.00)	17.50(8–41)	7.80(3–8)
En coup de sabre	3(12.50)	43.50(16–69)	10.43(7–12)
Generalized	3(12.50)	34.60(12–37)	8.10(3–16)
Deep morphea	1(4.16)	37	2

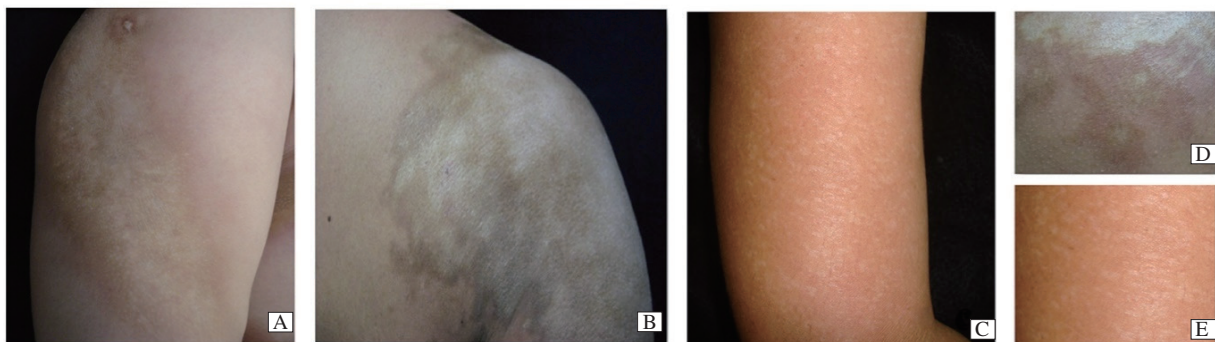


Fig. 1 Morphea clinical presentation. A: linear; B: plaque; C: punctuate; D: approach of B; E: approach of C.

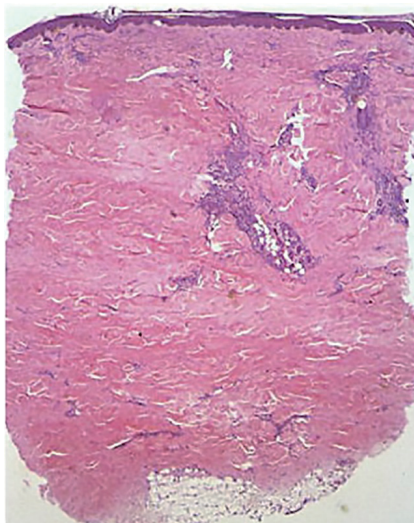


Fig. 2 Histopathological image.

DISCUSSION

In the population of the United States of America, Jacobe *et al.* reported the association of HLA-DR4 in morphea patients^[23]. In the present study, HLA-DR4 (especially DR*04:11) also presented higher allele frequency values in morphea patients, compared with healthy controls, with a statistical significance ($P=0.01$). This association is important considering the high frequency of DR4 in Mexican Mestizo population^[23], as a consequence of genetic bottleneck events produced during initial human migration to America and in the colonial period, associated with human infections and ethnic violence^[24–26]. Moreover, when HLA-DR allele frequencies from morphea patients were compared with those of systemic sclerosis patients, HLA-DR4 exhibited an association with

Table 2 HLA–class II alleles in patients with morphea and healthy controls

Allele	Patients(alleles n=36)		Healthy controls (alleles n=198)		pC	OR	95%CI
	n	g.f	n	g.f			
DR4	14	0.380	47	0.237	0.05	2.04	0.91–4.50
DR*04:07	6	0.166	21	0.106	0.29	1.68	0.62–4.50
DR*04:04	2	0.055	9	0.045	0.79	1.30	0.20–6.20
DR*04:03	3	0.083	4	0.041	0.13	4.40	0.90–20.60
DR*04:11	3	0.083	3	0.015	0.01	5.90	1.10–30.50
DR*04:02	NP	NP	2	0.010			
Others	NP	NP	8	0.040			
DR8	10	0.270	33	0.166	0.11	1.92	0.84–4.36
DR*08:02	10	0.277	30	0.151	0.07	2.11	0.92–4.83
DR*08:04	NP	NP	3	0.015			
DR6	3	0.083	31	0.156	0.25	0.49	0.14–1.69
DR*13:01	2	0.055	4	0.020			
DR*13:02	NP	NP	4	0.020			
DR*14:02	1	0.027	7	0.035			
DR*14:01	NP	NP	6	0.030			
Others	NP	NP	10	0.050			
DR2	3	0.083	18	0.090	0.88	0.90	0.25–3.20
DR*15:01	2	0.055	9	0.045			
DR*15:02	1	0.027	3	0.015			
DR*16:02	NP	NP	3	0.015			
Others	NP	NP	3	0.015			
DR7							
DR*07:01	2	0.055	22	0.111			
DR5	0	0	22	0.110	0.10	0.28	0.02–1.66
DR*11:01	NP	NP	12	0.060			
DR*11:04	NP	NP	4	0.020			
DR*12:01	NP	NP	2	0.010			
Others	NP	NP	4	0.020			
Others	4	0.129	25	0.126	–	–	–

g.f: genetic frequency, OR: odds ratio, CI: confidence interval, pC: P–value, Corrected by Mantel Haenszel method.

morphea patients, and HLA–DR5 with systemic sclerosis patients^[27, 28]. Congruently, morphea may be present in association with autoimmune diseases, such as rheumatoid arthritis^[29, 30] which was previously associated with HLA–DR4^[31, 32]. Besides, other skin autoimmune mediated diseases, such as actinic prurigo and pemphigus were associated with HLA–DR4 in the Mexican Mestizo population^[33–35]. In agreement with these data, several authors described an elevation in HLA–DR cellular expression in morphea biopsies, especially presented in factor VIII a⁺ dendritic cells (DDCs) and lymphocytes^[4, 36, 37]. Thus a plausible model of morphea pathogenesis comprises a triggering event in a genetically susceptible individual, that fallouts in a cascade of innate and adaptive immunoinflammation with profibrotic rejoinder, involving probable epidermal signaling and mesenchymal mediators^[8]. Interestingly, the morphea–associated alleles are different from those found in systemic sclerosis, suggesting that morphea is an immunogenetically distinct entity. Therefore, the study concluded that even if the two disorders share fibrosis, different molecular immunologic mechanisms are involved, which has been supported by other authors in recent publica-

tions who used different approaches to understand the pathologic phenomena^[38–40].

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Table 3 HLA class II alleles in morphea and systemic sclerosis patients

Allele	Morphea patients (alleles n=36)		Systemic sclerosis patients (alleles n=44)		pC	OR	95%CI
	n	g.f	n	g.f			
DR4	14	0.380	6	0.136	0.009	4.14	
DR*04:07	6	0.16	3	0.06	0.16	2.73	0.63–11.81
DR*04:04	2	0.05	1	0.02	0.44	2.52	0.22–29.08
DR*04:03	3	0.08	1	0.02	0.21	3.90	0.38–39.31
DR*04:11	3	0.08	1	0.02	0.21	3.90	0.38–39.31
DR*04:02	NP	NP	NP	NP	–	–	–
DR8							
DR*08:02	10	0.27	9	0.20	0.44	1.49	0.53–4.20
DR*08:04	NP	NP	NP	NP	–	–	–
DR6							
DR*13:01	2	0.05	NP	NP	–	–	–
DR*13:02	NP	NP	NP	NP			
DR*14:02	1	0.02	NP	NP			
DR*14:01	NP	NP	NP	NP			
DR2							
DR*15:01	2	0.05	1	0.02	0.44	2.52	0.22–29.08
DR*15:02	1	0.02	NP	NP			
DR*16:02	NP	NP	1	0.02			
DR7							
DR*07:01	2	0.05	4	0.09	0.55	0.58	0.10–3.41
DR5	0	0.00	10	0.227	0.005	0.09	0.00–0.77
DR*11:01	NP	NP	2	0.04	0.41	0.39	0.03–3.92
DR*11:04	NP	NP	7	0.15	0.03	0.12	0.01–1.08
DR*11:02	NP	NP	1	0.02	0.69	0.60	0.05–6.89
DR*12:01	NP	NP	NP	NP	–	–	–
Others	4	0.11	13	0.29	–	–	–

g.f= genetic frequency, OR: odds ratio, CI: confidence interval, pC: P-value, Corrected by Mantel Haenszel method.

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